

Phone: 828-505-2664 Fax: 828-505-2560 www.avorahealth.com

1000 Centre Park Drive Asheville, NC 28805

### **Visitors Guide**

Located in the heart of the Blue Ridge Mountains of Western North Carolina and just ¼ mile from Interstate I-40, hotels, restaurants, and entertainment. This is a list to get you started, but we recommend using Google or Yelp to help you too!

### **Hotels Nearby**

(Below is a partial list to get you started. There are additional hotels & motels on Tunnel Rd. We do not affiliate with any specific location.)

- Homewood Suites 88 Tunnel Rd (828) 252-5400 (0.7 miles from clinic; provides shuttle service within a 5-mile radius; S2 bus line)
- Holiday Inn 42 Tunnel Rd (828) 225-5550 (0.8 miles from clinic, S2 bus line)
- Fairfield Inn & Suites 184 Tunnel Rd (828) 274-2001 (1.2 miles from clinic, E1 bus line)
- Country Inn & Suites 199 Tunnel Rd (828) 254-4311 (1.2 miles from clinic, E1 bus line)
- Super 8 Motel 180 Tunnel Rd (828) 505- 4648 (1.2 miles from clinic, S2 bus line pick up @ Kenilworth). This motel has been remodeled and



recommended by prior patients as a very clean, less expensive option.

- Hampton Inn 204 Tunnel Rd (828) 255-9220 (1.3 miles from clinic and next to Carrabba's Restaurant; provides shuttle service within a 5-mile radius; E1 bus line)
- Days Inn 201 Tunnel Rd (828) 252-4000 (1.3 miles from clinic, E1 bus line)
- Extended Stay America 6 Kenilworth Knoll (828) 253-3483 (2 miles from clinic, E1 bus line)

# **Restaurants & Food Nearby (Tunnel Rd is full of restaurants)**

Ingles Grocery Store - 29 Tunnel Rd Whole Foods – 4 South Tunnel Rd #100 Olive Garden - 121 Tunnel Rd Just down the street Subway - Corner of Tunnel Rd and Chunns Cove Rd for a quick bite Papa's and Beer - 17 Tunnel Rd, good Mexican food

Tunnel Rd is full of additional restaurants like Red Lobster, Outback, Cracker Barrel, Burger King, Taco Bell, Mikado Japanese Steak House, Buffalo Wild Wings, Chili's, Bebettes Beignets & Coffee, IHOP, etc.

Downtown Asheville has many independent restaurants as well.

### Entertainment

Asheville Mall - 1 South Tunnel Rd (1.5 miles from Chunns Cove Rd) Asheville Outlets – 800 Brevard Rd. http://www.shopashevilleoutlets.com/directory/ Cinema – various locations around Asheville Bowling - AMF Star Lanes at 491 Kenilworth Rd near the Mountaineer Inn Biltmore Estate - Worth the visit if you have 4 hours to 1 day to spare Downtown - A great place to just walk around, eat, and shop Arboretum – 65 acres of cultivated gardens River Arts District – local artist studios, former industrial district along the French Broad River Grovewood Gallery – Arts, crafts, history and old-world charm. Located on grounds of Omni Grove Park Inn. Separate parking area from hotel is available at the Gallery. Omni Grove Park Inn – Resort accommodations, dining and day spa. Nice hotel to walk through or enjoy some "seated" time in lobby or various porches. Commonly live instrumental or piano music in lobby. Can be a busy location. Parking often limited. Blue Ridge Parkway (BRP) – many scenic views by car or on foot and many hiking trails Mount Mitchell – highest point east of the Mississippi, accessible via the BRP Mount Pisgah Inn Restaurant – rustic dinning accessible via the BRP

## Transportation

- Check your hotel for possible shuttle service to our clinic.
- Rental Car Service at Asheville Airport (AVL) <u>https://flyavl.com/passenger-services/parking-transportation/rental-cars/</u> (Avis, Budget, Enterprise, Hertz, and National/Alamo all onsite; Thrifty off-site).



Hertz hertz.com 828-684-6455



Budget budget.com 828-684-2273



National | Alamo nationalcar.com | alamo.com 828-684-8572



Enterprise enterprise.com 828-684-3607



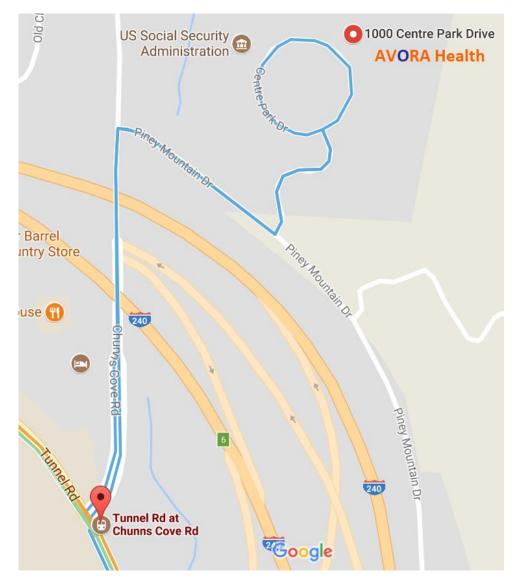
Thrifty | Dollar (Off-Site) thrifty.com | dollar.com (828) 681-8031

- Enterprise Car Rental (828) 298-6914 at 579 Tunnel Rd in East Asheville
- Asheville Taxi Company (828) 333-1976 Operates 24 hours
- J&J Cab (828) 253-3311 Operates 24 hours
- Uber and Lyft are both available in the Asheville area
- Bus Service (828) 253-5691
  - Route "E1" runs between downtown and the VA hospital via Tunnel Rd.
  - Route "S2" runs between Centre Park and Tunnel Rd. S2 is the ONLY bus line that

**runs through Centre Park where our clinic is located.** It travels from Tunnel Rd to Chunn's Cover Rd to Piney Mountain Rd and then into Centre Park (bus line labels the Social Security Administration on their brochure, located at 800 Centre Park Drive, which is 2 buildings down from us in Centre Park. Our office is 1000 Centre Park Drive.)

• Refer to route maps to determine transfer points from bus line E1 to S2.

Closer view of S2 Bus Line between Tunnel Rd @ Chunn's Cove & our clinic. Bus stop on Tunnel Rd @ Chunn's Cove is in front of, and on the same side of the road as, Homewood Suites.



Please refer to bus line brochures for additional details.

## DIRECTIONS

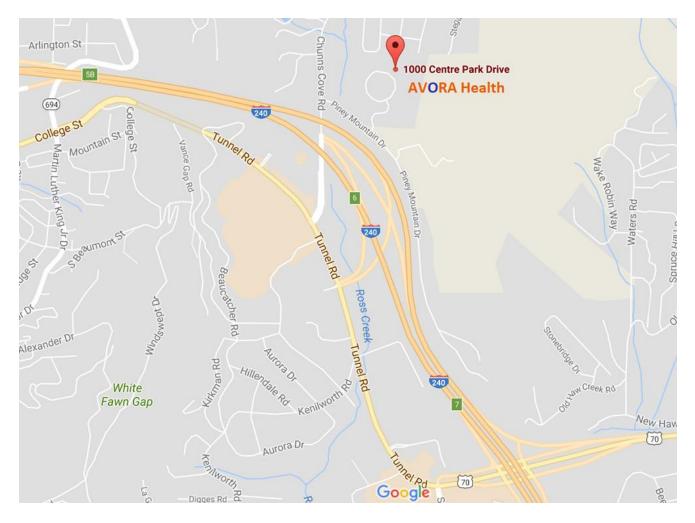
#### From I-40 & East Asheville

Take I-40 Exit 53B to I-240 West Towards Downtown Asheville Take Exit 6 (Left Exit) and prepare to turn right at bottom of ramp Turn Right on Chunns Cove Rd Turn Right on Piney Mountain Dr Turn Left on Centre Park Dr Turn Right at stop sign and we are the second building on the right

#### From Downtown & West Asheville

Take Exit 6 and prepare to turn right Turn Right on Tunnel Rd Turn Right on Chunns Cove Rd Turn Right on Piney Mountain Dr just past the I-240 ramps Turn Left on Centre Park Dr Turn Right at stop sign and we are the second building on the right

#### **From the Asheville Regional Airport (AVL is 18 miles from us and takes about 25 minutes)** Take I-26W to I-240E then follow directions from Downtown & West Asheville



For more information, visit us online at AVORAHEALTH.COM